

SELF-ASSESSMENT QUESTIONNAIRE (INDIVIDUAL DIRECTOR)

* Inc	idicates required question		
	Name of Assessor *		
2.	Date Completed *		
	Example: January 7, 2019		
3.	Period Covered *		



This Self-Assessment Questionnaire is composed of varying statements based on the roles, functions and responsibilities of the Board members found under the Company's Manual on Corporate Governance. Please evaluate how well you have performed for each criterion and indicate the rating at the appropriate box using the following rating scale:

Rating - Remarks
5 - Excellent
4 - Above Average
3 - Average
2 - Below Average
1 - Poor
INDIVIDUAL BOARD DIRECTOR'S SELF-ASSESSMENT
Good Corporate Governance Practices and Principles (Rating 1-5)
Company Policies
I take time to understand APMC Aklan, its goals and strategies, its businesses, its governance and other key policie s, purpose statement, and its brand. ** ** ** ** ** ** ** ** **
Mark only one oval.
1 2 3 4 5
Poor Excellent



2. I understand and adhere to the mission, vision, and values of the Mark only one oval. 1 2 3 4 5 Poor Excellent Remarks: I conduct myself in a manner characterized by transparency, account integrity, and fairness, being fully aware that the office of a director is confidence. Mark only one oval.	Company. *
Poor Excellent Remarks: I conduct myself in a manner characterized by transparency, accoun integrity, and fairness, being fully aware that the office of a director is confidence.	
Poor Excellent Remarks: I conduct myself in a manner characterized by transparency, accountintegrity, and fairness, being fully aware that the office of a director is confidence.	
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Mark only one oval.	
1 2 3 4 5	
Poor Excellent	
Remarks:	



4. In the performance of my duties and responsibilities as a director, I consider

Mark	only one ov	al.									
	1 2	3	4 5								
Poor				Exce	ellent						
Rem	arks:										
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Attendance and Participation



6.	I regularly attend and actively participate in all meetings of the Board, Committees, and shareholders, except when prevented by justifiable cause.	*
	Mark only one oval.	
	1 2 3 4 5	
	Poor Excellent	
	Remarks:	
	Nemarks.	
7. Ir	review meeting materials and if called for, ask the necessary questions or seek clarifications and explanations in Board and Committee meetings.	*
	Mark only one oval.	
	1 2 3 4 5	
	Poor Excellent	
	Remarks:	
8.	I willingly offer alternative viewpoints during discussions to reflect my own	*
	personal experiences and opinions.	
	Mark only one oval.	
	1 2 3 4 5	
	Poor Excellent	

	Remarks: Formerly: Allied Care Experts (Ace) Medical Center - Aklan, Inc.	
9.	I fully support decisions made by the Board in the external arena, even if that decision did not completely reflect my own viewpoints.	4
	Mark only one oval.	
	1 2 3 4 5 Poor	
	Remarks:	
Perf	formance	
10.	I seek to find ways to continuously improve the efficiency and effectiveness of the Board or any Committee that I am a member of, taking any relevant suggestions to the Board Chairman or Committee Chairman, as the case maybe, for his consideration.	*
	Mark only one oval.	
	1 2 3 4 5	
	Poor Excellent	
	Remarks:	



1. 1	always exercise independent judgment. *	
	Mark only one oval.	
	1 2 3 4 5	
	Poor	
	Remarks:	
12.	I keep myself informed of best corporate governance practices, industry developments, and business trends affecting the businesses of the Company.	
	Mark only one oval.	
	1 2 3 4 5	
	Poor Excellent	
	Remarks:	
	ly board memberships in other companies, if any, do not interfere with my mmitment to effectively carry out my duties and responsibilities as a director of the	7
	ompany.	
	Mark only one oval.	



	MEDICAL CENTER AKLAN Formerly: Allied Care Experts (Ace) Medical Center - Aklan, Inc.
For	the succeeding questions, please answer those which are applicable to you.
	a. For Executive Directors only
14.	I maintain a primary identity as a Board member when dealing with Board matters, at the same time bringing to the Board the benefit of closer knowledge of operational considerations.
	Mark only one oval.
	1 2 3 4 5
	Poor Excellent
	Remarks:
B.	For Independent and Non-Executive Directors only
15.	I bring fully to the Board the benefit of a particular experience or expertise, at * the same time not feeling constrained to contribute on matters that may be outside my personal experience and expertise.
	Mark only one oval.
	1 2 3 4 5

Poor O O Excellent



	lly to the Board an objective and independent position, not afraid to inpopular position corollary to what I think is beneficial to the Company
Mark only	one oval.
1	2 3 4 5
Poor	<u> </u>
Remarks	cess to accurate, timely, and relevant information necessary for me
	oute to the discussions during the meetings.
Mark only	one oval.
	one oval. 2 3 4 5
Mark only	
Mark only	2 3 4 5
Mark only	2 3 4 5
Mark only	2 3 4 5

C. For Board Committee Chairman only

18.	I oversee the conduct of the Board Committee in line with the Committee mandate and working procedures.							
	Mark only one oval.							
	1 2 3 4 5							
	Poor Excellent							
Ren	narks							
19.	I manage the agenda of Committee meetings by taking into consideration the * relevant and appropriate issues concerning the Committee and its mandate.							
	Mark only one oval.							
	1 2 3 4 5							
	Poor Excellent							
Ren	narks							
20.	I effectively chair Committee meetings, ensuring proper consideration of matters for discussion and recommendation to the full Board.	*						
	Mark only one oval.							
	1 2 3 4 5							
	Poor Excellent							

Remarks



21.	I ensure that each member of the Committee has full opportunity to express views and contribute effectively to discussion.	*
	Mark only one oval.	
	1 2 3 4 5	
	Poor	
Rema	orko	
Kem	airo	
22.	I ensure that appropriate record of Committee deliberations and conclusions are maintained.	*
	Mark only one oval.	
	1 2 3 4 5	
	Poor	
Rema	arks	
23.	I lead and facilitate the Committee in reporting considerations and recommendations on any matter, including both majority conclusions and recommendations and minority conclusions and recommendations, to the Chairman of the Board, or to the Board as a body.	*
	Mark only one oval.	
	1 2 3 4 5	
	Poor	



D. For Board Committee members only

24.	I am familiar with specific areas of concern covered by the Committee that I am a member of, and do not seek to divert into other areas not specifically envisioned by the committee mandate.	*
	Mark only one oval.	
	1 2 3 4 5	
	Poor Excellent	
Rem	arks	
25.	I believe that, relative to the size the businesses of the Company, the Board has an effective committee structure that complements the full Board in performing its functions.	*
	Mark only one oval.	
	1 2 3 4 5	
	Poor	
Rema	arks	
26.	I have access to timely, accurate, sufficient, and relevant information about the subject matter being discussed at the committee meetings I attend.	*
	Mark only one oval.	
	1 2 3 4 5	
	Poor Excellent	

ASIA PACIFIC
MEDICAL CENTER
AKLAN
Formerly: Allied Care Experts (Ace) Medical Center - Aklan, Inc.

Remarks

27.	I constructively engage and consult with the Company CEO and other senior
	leaders for the purpose of the Committee being better informed, or better
	positioned to offer the Board more reliable recommendation.
	Mark only one oval

Remarks

28. I maintain external confidentiality of the details of Committee discussions, including the individual views of members, except as otherwise agreed for formal communication to the Board and/or Senior Management by the Committee as a whole.

Mark only one oval.

Remarks



2	19. The frequency of the committee meetings is sufficient, allowing its members to perform their responsibilities according to the functions of the Committee.	*
	Mark only one oval.	
	1 2 3 4 5	
	Poor Excellent	
Rema	arks	
	What do you think was your best contribution to the Board this year?	
	What are you suggestions to improve the performance of the Board?	
Rema	arks:	

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